



QUICK GUIDE TO OVERSEAS EMPLOYMENT

The checklist below will guide you in your job search as you transition to your new post overseas.

Update Your Resume

- If affiliated with the Department of State, contact the **Career Development Resource Center (CDRC)** at **CDRC@state.gov**. Make an appointment for one-on-one resume and career counseling. If affiliated with USAID, contact their **Career Development Resource Services (CDRS)** at **CDRS@usaid.gov**.
- If your agency allows, enroll in **Basics for Overseas Employment (MQ 703)** at the Foreign Service Institute (FSI) by visiting <http://fsi.state.gov/fsi/tc>.
- Contact the Global Employment Advisor (GEA) for your post for resume assistance.

Obtain a Copy of Family Member Employment Report (FAMER)

- The **FAMER** is a post-specific overview of employment both inside and outside the mission.
- Ask your sponsor to download the FAMER from your current or prospective post(s) from the Department of State intranet site or contact **FLOAskEmployment@state.gov** for a copy.

Explore Training and Distance Learning Opportunities

- Professional training and distance learning options include George Mason's Foreign Affairs Spouse Teacher Training Project (**FAST-TRAIN**), enrollment in online courses through the **Foreign Service Institute (FSI)**, and programs like the **Professional Development Fellowship**.
- Contact **FLOAskTraining@state.gov** for more information.

Explore the Global Employment Initiative

- **GEI** is designed to help family members with career development options and identification of employment opportunities while overseas.
- Email **FLOAskEmployment@state.gov** to get contact information for the Global Employment Advisor for your country.

Network!

- Contact the **Community Liaison Office (CLO) Coordinator** at post. The CLO is a great source of information on employment, both inside and outside the mission.
- In many countries, the **GEAs** can assist you in your overseas job search and point you in the right direction for added resources and networking contacts. Contact **FLOAskEmployment@state.gov** to see if your post has either an at-post or regional GEA.